



St. David's
Episcopal Church
Southfield

Staying in Touch

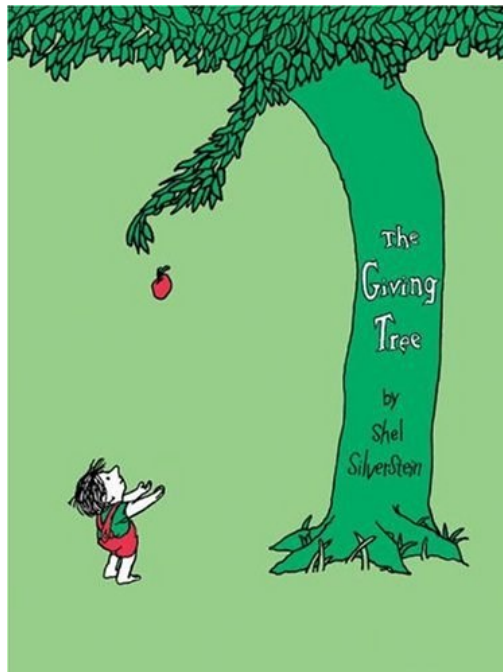
Connections

February 2022

Inside this issue

Lent 2022: Growing in Gratitude	2
Celebrating 70 Years	4
Holy Land Pilgrimage	6
Photo Gallery	7

It's in the Giving



In Shel Silverstein's epic tale of gratitude (*The Giving Tree*, 1964), a talking tree and a young boy age together. Their paths cross at various points and at each one the tree gives generously and is 'happy' while the boy, perennially in want, returns only out of discontent and is thus eternally 'unhappy.'

The book finds its ending with the tree happily reduced to a stump and a grumpy old man seated on top. My cynical side says it's the ultimate tale of codependency.

However, what has made this book a classic is its entertainingly simple pronouncement of 'the Good News'—that the life lived in gratitude—in generous, self-giving produces joy of the kind that even a self-interested lumberjack can't take away.

Our theme for Lent is Gratitude (as it also is for 2022), and we realize that a regular gratitude practice brings us contentment and joy—as we also realize that no one wants us more fulfilled than God.

Please take a look at the opportunities (see next page) we're providing—especially our St. David's Gratitude Journal—and let us consider the ways God is asking us to grow in gratitude.

Also—please consider watching this video on gratitude as a prelude— it's ten minutes long and I dare you to tell me it was a waste of your time: [Kiss your brain: The science of gratitude | Christina Costa | TEDxUofM - YouTube](#)

†Fr. Chris

Rejoice always, pray continually, give thanks in all circumstances; for this is God's will for you in Christ Jesus.

1 Thessalonians 5:16-18

Lent 2022: Growing in Gratitude

What an amazing season we have ahead of us, here's what's going on during the Holy season of Lent this year, which begins with Shrove Tuesday on March 1, 2022.



Hybrid Shrove Tuesday

Join us for family fun and games over a pancake supper either at St. David's or via Zoom (make your own pancakes and we will eat them together!)

It's Tuesday, March 1 from 6 to 7 pm. We'll serve in-person in our socially distanced parish hall—plus we'll chat via the St. David's Zoom Room. We'll want to know all about your pancakes and what your plans are for the upcoming Holy Season. This is subject to the bishop's directive, which may necessitate a Zoom-only gathering.

Ash Wednesday

As in past years, we will offer a 'drive-thru' option for those wishing to don ashes to begin this penitential season. The drive-thru will be open from 7 am to 6 pm on Wednesday, March 2. We will 'ash' you as you enter the driveway, and/or join one of our hybrid in-person/Zoom services at 12 noon and 7 pm and impose ashes at that point.

Lenten Gratitude Journal

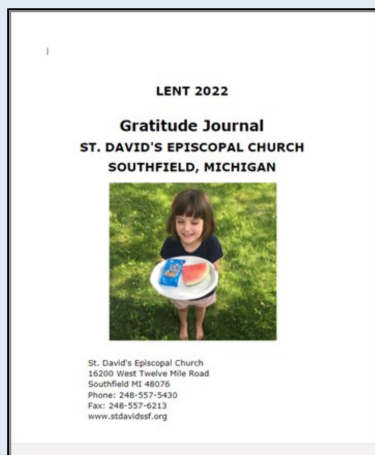
During Lent we encourage you to pick up your very own Gratitude Journal, authored by Fr. and Mrs. Yaw. It's a daily devotional aimed at helping us become more mindful of God's blessings. It is also available here: http://stdavidssf.iniflex.com/utilities/file_library/pdfs/2022_0216_2022%20Gratitude%20Journal.pdf

Lenten Devotional Booklet

Study Scripture during the 40 days of Lent. We're using a daily devotional booklet. You can pick one up in the Narthex from 10 am to 3 pm, M-F.

Gratitude Bible Study

Tuesdays at 12 noon we will be spending five weeks studying the book of 1 Thessalonians, which speaks to us quite profoundly on the subject of gratitude.



Getting to Know Jesus Through the Eyes of Pilgrims

During the 5 weeks of Lent we have asked those who recently returned from our Holy Land pilgrimage to present an aspect of their trip to inspire and better acquaint us with Jesus' journey to the Cross. We will either hold these events live via Zoom or in person on the following Sundays:

- Week 1:** March 9 Birth in Bethlehem, Jennifer and Scott
- Week 2:** March 16 Growing Up in Nazareth and Sephoris, Audrey and Leigh
- Week 3:** March 23 Ministry in Capernaum, Sam and Mary
- Week 4:** March 30 Ministry in Caesarea and Jerusalem, Janet, Marian (Scott and Jennifer)
- Week 5:** April 6 Death and Resurrection in Jerusalem, Kathy and Janet



Gratitude Blue Envelope

Look for a small blue envelope, either mailed to you or available in the Narthex. Please add your contributions through the Lenten season. This year we are sending our donations to the Holy Land.

Prepare for Holy Week with a Mini-Retreat

Holy Week Through Artists' Eyes Saturday, April 9, 9a-12n

Join Fr. Peter Fennessy, SJ for an inspiring and contemplative journey through Holy Week through the eyes of well known, and not so well-known artists. The retreat will feature visuals as well as explanatory and theological lectures. Fr. Fennessy is a Jesuit and experienced retreat leader from Manresa Retreat House in Bloomfield Hills. [Click here to sign up](#). The retreat is free, seats are limited, and a \$10 donation is appreciated. It will be held on Saturday, April 9, the day before Holy Week begins, from 9a-12n in the St. David's Episcopal Church Parish Hall, 16200 W. 12 Mile Road, Southfield, MI.

For Young People

Lenten Blessing Bowl

Let us use Lent to help our young people count our blessings—literally! During Lent we will hand out a goldfish bowl and pads of paper

Kids Reaching Kids - Stocking Our Food Pantry with Treats for Kids Young people and their families are invited to come to church on Saturdays in Lent to make, decorate, then stock special boxes for hungry children. These will include special treats for children. Sign up with Children's School director Kitty Kenning.

Celebrating 70 Years on February 27, 2022

by Edna Buday



The first service of our parish took place on Sunday March 2, 1952 closely coinciding with the feast of St. David (March 1) in Wales, home of St. David Cathedral. St. David is the patron saint of Wales, and as we review our history, we learn that the proximity of our first service with this feast day is how our church came by its name. There are many festivities to mark St. David's Day in Wales. The national emblems of Wales are daffodils and leeks, and Welsh people around the world will wear one or both of these emblems. Because St. David's day this year falls on Ash Wednesday, we will celebrate St. David's 70th anniversary on Sunday, February 27. You may want to get your hymnals out and brush up on all the Welsh hymns we will be singing that morning.

Following are a few excerpts from our history as provided on St. David's website: <http://www.stdavidssf.org/Our-History>

ST. DAVID'S HISTORY

When and how was St. David's established as a parish?

After the end of World War II, the suburban area around Detroit started to grow with the influx of young new families and with that growth came the need for more parishes. A group of Episcopalians, known as the South Berkley Circle of St. John's, Royal Oak, sought the backing they would need to establish a church where their children could be Baptized and Confirmed in their own community. With the sponsorship of St. James, Birmingham they became known as St. James Chapel, Berkley.

On March 2, 1952, at 9:30 am, the first service of Holy Eucharist was celebrated by the Rev. Harold E. Towne, the Rector of St. James, Birmingham, for the 49 adults and 30 children assembled in the gym of Oxford School in Berkley. With the Rev. Towne's direction, the mission was then served by Captain Eric Kast of the Church Army. The first vicar and resident priest, the Rev. Herbert Barsale, was called in June of 1953.

In October of 1956, the congregation was able to lay the cornerstone at our present location and on November 11 of the same year, they held their first service in what was then known as St. David's Mission, Southfield. A chapel (currently our fellowship hall) and four classrooms were built.

The Rev. Herbert G. Myers was called to become St. David's second vicar and by December 29, 1959, St. David's would become a self-supporting parish. In May of 1960, the Rev. Myers became the first Rector of St. David's serving the parish until 1973.

There are many artifacts and mementos that are a part of St. David's history. The most prominent one is the cross that hangs on the front of the balcony. This cross was fashioned out of brass pieces the early members contributed for this purpose. Fr. Arlain Taylor, a priest and long time member of St. David's, oversaw the project.



A retired Episcopal priest, and friend of Fr. Taylor, fashioned a cross and candlesticks in his small foundry. This also recalls the fact that our chapel is named for Fr. Taylor who was a wonderful example for all of us.

On the back wall of the Narthex, on what we call the history wall, you will see a wrought iron group composed of three pieces that are the alpha, the omega, and a piece representing the hills of Wales and a dove carrying a leek. These were made for Father Myers, St. David's first rector, by his father, a blacksmith in Ohio. They were originally hung above the altar.

Another symbol which you see in our church documents, including at the top of our newsletter, is the Dove. The dove represents the time when St. David needed a miracle. He was addressing a large group who had come to hear him, but they complained that they could not see or hear him. Suddenly the ground rose underneath him forming a hill on which he stood. At the same moment a dove descended and perched on St. David's shoulder. The white dove was a sign of God's grace and blessing.



Leek and Potato Soup *cawl cennin a thatws*

http://www.travelaboutbritain.com/recipes/leek_and_potato_soup.php

Ingredients

- 30 grams (1 oz) butter
- 2 large leeks
- 450 grams (1 lb) potatoes
- 570 ml (1 pint) vegetable (or chicken) stock (Note: add double the stock if you want a thinner soup)
- 280 ml (1/2 pint) milk or cream
- 1 rasher (strip) of bacon
- salt and pepper
- a few sprigs of parsley

Method

1. Cut bacon finely and fry in the butter in a deep skillet or saucepan.
 2. Wash and cut the leeks into thin pieces - this is best done by first cutting the leeks lengthwise a couple of times, then slicing across thinly.
 3. Add the chopped leeks to the pan and simmer on a low heat.
 4. Wash and peel the potatoes and dice them as small as possible and add to the pan.
 5. Stir in the stock and add salt and pepper to taste.
 6. Cover pan and simmer over low heat for 20 minutes, until the vegetables are tender.
 7. Use a masher to break down the potatoes in the pan and stir well.
 8. Just before serving, stir in the milk or cream and place a sprig of parsley on top.
- Serve warm with bread and butter (lightly toasted bread is delicious with this recipe).



There are many legends about the association of leeks to Wales, but according to one, King Cadwaladr of Gwynedd insisted his forces, who fought bravely in a field of leeks, identify themselves by wearing a leek on their helmets during a decisive battle against the invading Saxons.

Holy Land Pilgrimage: January 15-25, 2022

by Jan Ernst

Led by Fr. Chris, a total of 11 pilgrims, six from St. David's, started a journey that would forever change their view of the Holy Land. Below, St. David's pilgrims, Janet Ernst, Kathy Graham, Audrey Humphrey, Marian Pank and Janet Richards share some of their inspiring moments. Hear more about these moments during Lent when they, along with the other travelers on this pilgrimage, share their experiences with the parish (see schedule on page 3).



Sunrise worship overlooking the Judean Wilderness where Jesus walked. ~Marian and Kathy



Bethlehem: marking where Jesus was born. ~Janet E.



We felt the Lord's presence at the Sea of Galilee. ~Janet R



St. George's Cathedral worshipping in English and Arabic! ~Audrey



Buying spices in the Old City Market ~Audrey

Photo Gallery

By Joanne Sackett



Ready for Church School



Addison helps with today's lesson about the Baptism of Jesus



Prayers and . . .



the commissioning of our new vestry members



continued next page

St. David's Episcopal Church

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www.stdavidssf.org



Celebrating
St. David's
70th
Anniversary



**Commissioning
Senior and
Junior Wardens**



**Meet new vestry member
Stacey Heinonen**



**Vestry Leaders
Ray Litwinowicz, Junior Warden and
Darryl Butler, Senior Warden**